



# Running a rehearsal online

## WORKSHOP SCHEDULE EXAMPLE

from the Community Opera Dalia Al Farah  
Choir

created by Garsington Opera

# Mind the Gap



## Thursday 24 March 2022 – 14:30-16:30pm FILMING (UK time)

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### Notes:

- Props needed, scarfs for the choir
  - Please film in landscape in daylight or with lights on in the room, the choir positioned in front of a plain background if possible.
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Introductions 14:30-14:40pm

Drama Warm Up 14-40 – 15:00pm – Filmmaker please film the choir doing the following in this warm up

- Movement – crossing the room, (wide shot of group)- film 1 minute
- Find a space where you are by yourself, not close to anyone else – film 30 seconds
- Standing still and imagine that you are in a very small space where the sides of the walls are very close to you – (mid shots) - film 1 minute
- Still portraits on individual faces of the choir showing these 4 emotions – panic, confusion, fear, hope (close up on individual faces) – film 1 minute
- Choir moves towards each other to form a group – standing shoulder to shoulder facing the camera (wide shot of group) - film 1 minute
- Film singing only - 15:00 – 15:30pm –no movement
- Filmmaker to check that everyone is following the task - if this is not possible / too difficult to manage then the filmmaker should film all off the sections.
- Choir divides into two groups, Group 1 will sing, Group 2 will film them using their mobile phones and then the groups will swap over – film head and shoulders, it's important that the choir are singing the words of the song, (with plain background behind them

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“Prologue and humming song”

I cross the road to buy my bread and I would not return

My house has fallen, I must leave

Crossing I go on...

I cross the town to find my love

And I could not return

The bombs have fallen

All this dust

Crossing I go on and on

On and on and on

On and on and on

On and on and on

And on

Hum

We cross the bounds of death and life

In crossing shall we die

Beyond this crossing is their peace?

Crossing, let us try

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Swap roles – Group 2 sing, Group 1 film from in Act 3, Scene 2

I cross the road to buy my bread and I would not return

My house has fallen, I must leave

Crossing I go on...

I cross the town to find my love

And I could not return

The bombs have fallen

All this dust

Crossing I go on and on

On and on and on

On and on

Al Ba’eedeh, Al Ba’eedeh Al be

Taraket, Taraket, Taraket

Sa-nu-wa, Sil-it taree(k)

Habibti, Habibti

El Hab Dam-ma-rat-na

Al wa tan

Wal A-mal  
San wa-sel al  
Ta reek  
Ra hoo, Ra hoo

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Movement warm up - **15:30pm – 15:40pm**

Rehearsing movement for prologue and humming song **15:40-15:50pm**

Filming movement – **15:50 – 16:10pm**

Filmmaker please film the whole choir singing and doing this movement  
(with plain background behind them)

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“Prologue and humming song”

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And I could not return

The bombs have fallen

All this dust

Crossing I go on and on

On and on and on

On and on and on

On and on and on

And on

Hum

We cross the bounds of death and life

In crossing shall we die

Beyond this crossing is their peace?

Crossing, let us try

I cross the road to buy my bread and I would not return  
My house has fallen, I must leave  
Crossing I go on...  
I cross the town to find my love  
And I could not return  
The bombs have fallen  
All this dust  
Crossing I go on and on  
On and on and on  
On and on  
Al Ba'eedeh, Al Ba'eedeh Al be  
Taraket, Taraket, Taraket  
Sa-nu-wa, Sil-it taree(k)  
Habibti, Habibti  
El Hab Dam-ma-rat-na  
Al wa tan  
Wal A-mal  
San wa-sel al  
Ta reek  
Ra hoo, Ra hoo

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**16:10 – 16:25 pm-** Choreographed/ movement with scarves

- Filmmaker please film the choir doing this movement
- Very close up shots of members of the choir with scarves moving over and covering the face. (with white background behind them)